



# Student Newsletter

Vancouver Island University - Cowichan Campus Student Newsletter, Issue #167 - January 25, 2010

## IMPORTANT DATES IN THE ACADEMIC CALENDAR

### Career and Academic Preparation

- Feb 1: Fees due for daytime classes
- Feb 9: First day of semester for spring evening classes

### University and Career/Technical

- Feb 1: Last day to pay spring semester fees
- Feb 22 to Feb 26: Study Days for University & Career/Technical Programs
- Feb 26: Last day to withdraw from a daytime class without receiving an "F" grade

## WHAT'S HAPPENING @ COWICHAN CAMPUS

### Field Trip to BC Museum

Campus Life has arranged a field trip to take enrolled students to the Royal BC Museum's Coast Salish Art exhibit in Victoria. The trip is free, but you must register at Student Services by Monday, February 1.

- Wed, February 10: leaving Cowichan Campus at 9:15 am and returning to Cowichan at 2:45 pm.

An interest list will be taken for a possible additional trip on Friday, February 12.

### Meditation Sessions

Longtime Cowichan instructor Ian Whitehouse is offering free meditation sessions to interested students and staff. Ian has been a student of meditation for over 20 years and invites you to join him.

- Wednesdays, 4:30-7 pm, Room 206

### Aboriginal Career Panel

Come and join guests Valerie Cross-Blackett, (Tsawwassen First Nations), Richard Aisaican (Aboriginal Career Coordinator-VIU), and Stephanie Peter (Cowichan Tribes) in this discussion of pre- and post-treaty aboriginal employment and education needs. Learn where the opportunities will be, and how you can make the most of them.

- Thursday, January 28, 11 am - 12:30 pm, Room 206

### Becoming an Ally Workshop

*"Ridding ourselves of oppressive attitudes.....is an ongoing task...In fact, the minute I hear someone claim to be free of the attitudes and actions of a certain oppression (as in "I'm not racist") I feel they have barely begun the process."* A. Bishop

Explore your attitudes and beliefs, learn about oppression & what it takes to be an effective ally - open to all students and employees. Pre-register at Student Services or call 250-746-3509. Facilitated by Maria Gomes, Human Rights Advisor; Ycha Gil, Counsellor VIU Nanaimo Campus; and Donna Kurulak, Counsellor VIU Cowichan Campus.

- Thursday, January 28, 12:30-8:30 pm, Room 155, includes dinner.

### Income Tax Help for Students

VIU Cowichan Campus will be offering free assistance for students again in March and April - watch for details!

### Pennies for Presents

Thanks to all who contributed their change to the Pennies for Presents Christmas fundraiser. Our Cowichan VIU grand total was \$163.14, which no doubt helped bring a smile to some young faces this Christmas.

### Lost and Found

Many items have been turned in to the Lost and Found. Stop by Reception to identify yourself and claim your items. **Note:** Due to health reasons we cannot hold beverage containers for more than 24 hours. If you misplaced your container, please stop by Reception ASAP.



### Career Development Day 2010

This networking/information session focuses on three main career areas: Business and MBA careers, Criminology careers, and Aboriginal careers. Over 40 employers have registered to attend this event:

- Network and connect with potential employers; maximize career exploration & job search opportunities
- Obtain info on education requirements, job requirements, industry trends, skills and qualifications.
- Thursday, Feb 4, 10 am - 2 pm, Nanaimo Campus Gym

### "Bringing it Home" Film Series

The Columbian Centre Society is sponsoring a free spring film series at Nanaimo campus related to issues of social justice & mental health. The next film is *Girl, Interrupted*.

For the film list, go to [www.columbiancentresociety.com](http://www.columbiancentresociety.com)

- Tues, Feb 2, 4:30 pm, Room 203, Building 355, at Nanaimo Campus

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**What's Happening in the Community?****Big Leaf Maple Syrup Festival**

Visitors are invited to participate in mini-workshops facilitated by experienced maple syrup producers, including tapping demonstrations, presentations, and displays. Tickets are available in advance at the BC Forest Discovery Centre, and the \$5 price includes the train ride!

- Sat, Feb 6, 10 am - 4:30 pm, BC Forest Discovery Centre (north of Duncan, Trans-Canada Highway)

**Cyber Bullying**

The Cowichan Intercultural Society and TheatreWorks is beginning a project to explore the issue of cyber bullying. Cyber bullying includes rumours, racist comments, threats, etc. on social networking sites and other areas of cyberspace. The organizers are looking for youths and adults who have experienced cyber bullying, or witnessed the effects of it, to participate in a series of workshops to create short plays exploring the issue. No acting experience is necessary. Good food, honorarium and possible portfolio credits are offered to participants.

The workshops take place:

- February 16 to 21<sup>st</sup>, 12:30 to 7:30 pm
- Public performances are scheduled for February 22 & 23. For more information, contact the Cowichan Intercultural Centre at 250-748-3112.

**ACADEMIC INFORMATION @ COWICHAN VIU****Financial Aid**

The following applications are currently available to complete on-line at [www.viu.ca/calendar/bursary.asp](http://www.viu.ca/calendar/bursary.asp)

- **VIU General Bursary Application:** Deadline Jan 29
- **VIU International Study Abroad Award Application** Deadline February 28, 2010
- **VIU Entrance Scholarship & Award Application** Deadline March 15, 2010
- **Canadian Western Bank Award:** Deadline March 15, 2010
- **VIU President's Entrance Scholarship Endorsement Form** - Deadline April 30, 2010
- **VIU Chancellor's Entrance Scholarship Endorsement Form** - Deadline April 30, 2010
- **VIU / Chatwin Engineering First Nations Education Fund Application** - for new or continuing students of the Uchucklesaht Tribe, or the Ucluelet, Huu-ay-aht, or Snaw-naw-as First Nation.

Please submit completed application(s) to Student Services by the deadline date.

**Information Sessions @ Cowichan Campus**

- **Getting Started at VIU - For Mature Students:** Tuesday, Jan 26, 6 pm, Room 155
- **Parents and Prospective Students:** Wednesday, Jan 27, 6 pm, Room 155
- **Business Programs:** Wed, Jan 27, 12 pm, Room 207
- **Applied Business Technology:** Tuesday, Feb 2, 12:15 pm, Room 203

**Volunteer Tutors**

There are still some volunteer tutors available this term to assist students. Drop by Room 111A in Building 601 to see if a tutor is available in your subject area, or call tutor coordinator Karen Armitage at 250-746-3534.

**Academic Support**

Drop-in help for math, assessment preparation and learning skills continues to be available in the Learning Centre - see the schedule for this and the Writing Centre outside the door to Room 131.

**WHO'S ON CAMPUS...****Helene Demers ~ Anthropology instructor**

*Interviewed by Allyssa Warren*

- Favorite Food: Salad or french fries with mayonnaise
- Favorite music: Bands and artists from the 60's and 70's, plus Leonard Cohen and kd Lang
- Place she wants to visit: Armenia (bordering Turkey)
- What led her into the anthropology field: She has an interest in people. Also, she has a Bachelor of Arts, majoring in Linguistics and a minor in Anthropology.
- What she did as an undergraduate student: Helena did research with two of her anthropology professors. One of the topics she studied was the elderly in Holland, and the other was the symbols of Dutch immigrants.
- Her pet peeve: Students handing in unstapled projects!
- Her advice for students: Not to take too many courses at once and pace yourself. To try new subjects and try to keep your life balanced.
- Her favorite quote is in Dutch, but the direct translation is, "don't sit down among your baggage", meaning keep going and don't despair when things don't go well (when you have a lot of "baggage")



Student Services @ VIU

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