

Global Engagement and International Partnership

Nursing Field School to San Miguel de Allende, Guanajuato

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Griselda's story

After graduating from High School, she had considered not continuing her education, but after attending Apoyo's program, she has decided to work and save money to study at the University next year. "Being in Apoyo gave me more security to make important decisions about my life"

Social Determinants of Health (WHO, UN, 2018):

- Health Services
- Education
- Gender
- Individual Health Practices and Coping Skills
- Social Environments

Nursing Knowledge and Model

Leininger's (1996) culturally congruent care

- A holistic theory that guides nursing practice to mindfully work across cultural differences and similarities to effectively work with communities.
- Attributes value to the lived experience of those we are working with and considers their values, beliefs, and needs as described by them.
- Promotes awareness of the presence of bias or perpetuation of stereotypes
- Practicing ethically with regards to international practice guidelines.
- Allows inquiry to occur in a natural conversation that identifies needs from their perspective, without imposing outsider values or beliefs.

About CoP and Partnership

Partnering with Apoyo, a non-governmental organization, that promotes health and well being in rural communities in San Miguel. Empowering citizens in rural communities of San Miguel de Allende, Mexico through education. Teaching health promotion initiatives such as first aid, blood glucose screening and how to take a blood pressure. Collaboratively identified the needs of the community and working alongside them to promote accessibility to health care.



Community Assessment

Utilizing the annual report, ongoing communication with Apoyo, and face-to-face meetings we found:

- People in the community require further education on using technologies and economic resources to buy necessary tools and materials.
- Apoyo provides a safe space for women to learn and develop business skills
- Financial education for rural high school students program is available in communities near San Miguel.
- A total of 1153 people have benefited by their programs.
- Apoyo serves 20 communities, and it serves 5 low income neighborhoods.

Preparation and Health Promotion Initiative

- Collaborating with nursing students from Universidad Allende in San Miguel to plan a conference. We will be presenting research and providing teaching sessions for service providers.
- Updating our first aid training and CPR to confidently teach updated information to volunteer community health workers,
- Obtaining donations i.e. blood pressure cuffs, first aid supplies and glucometers.
- Fundraising for Apoyo
- Practicing Spanish



EPISTEMOLOGY:
"Critical epistemology is socially constructed and influenced by power relations in society" (Cohen, 2009).

PAST METHOD:
Getting to know our community through a literature review on health challenges, education, and maternal health in Mexico.

Research on task shifting

Ongoing dialogue with Apoyo

INQUIRY

Needs identified by community through River of Life

Building from previous work

THEORETICAL PERSPECTIVE/METHODOLOGY:
Using a feminist perspective/ philosophical lens, and incorporating critical social theory to guide the research.

FUTURE METHOD:
Literature review on 'task shifting' through identification of key words, selection of articles and thematic analysis. Provide recommendations to Apoyo

