

## IMPORTANT INFO

### University Programs:

- **Visiting Advisors** ~  
Make an appointment at Student Services to see:
  - ✓ **Bachelor of Education Advisor**, Katherine Pepper-Smith, for Friday, April 5.
  - ✓ **Upper-level Degree Advisor**, (declaring majors/minors), Maureen Hill, for Wednesday, April 10.
  - **March 28** - application deadline for students planning on attending Fall 2002 university classes at Malaspina - this includes upgrading (CAAP) students.
- CAAP (Upgrading):**
- **March 25** – CAAP (upgrading) Registration for new students for Trimester III
  - **March 28** - Last day of Term II classes
  - **March 29** - College closed for Good Friday
  - **April 1** - College closed for Easter Monday



### Happy Easter!!

College Closed  
Friday, March 29  
and Monday, April 1

## Important Dates

- ✓ **March 28: Free Clothing Event!**  
Room 144, 10 am-3 pm  
Time to do your Spring cleaning!  
Donations can be given to Yvonne Connelly, First Nations Student Support, in the Student Services office.



## Inspiration

From Yvonne Connelly, First Nations Support,  
“The medicine wheel teaches us that we have four aspects to our nature: the physical, the mental, the emotional, and the spiritual. Each of these aspects must be equally developed in a healthy, well-balanced individual through the development and use of volition (i.e. will).”

from *The Sacred Tree*

## Need Tax Help?

Relax! Dave is a trained and experienced Income Tax Volunteer. He will be in the cafeteria on Fridays from 10 am-12 between March 15 and April 26. Bring all your tax papers and your Income Tax form with you. If you don't have a form, pick one up at the Post Office. Dave will help you with difficulties and answer your concerns. Meet him below the white board in the cafeteria.

## Book Launch

On Monday, March 4, “*More Like a Camp-Out*” by Monica Dick was launched at the Reading and Writing Centre on Jubilee Street. Monica read from her book, and other students read some

of their writing. Visitors to the launch were delighted with the way that students welcomed them and explained the Centre. Students take real pride in their learning environment and love sharing that information with others. They made and served refreshments.

Monica's book is for sale for \$7. It is the story of a walk  
Monica took with a group of kids “to wear off some energy” that ended up a near disaster. You could even ask Monica to autograph your copy when you see her on the main campus!

Kate Nonesuch, instructor, says: “We like to publish student work because it provides an audience for the writing, and with an audience, students write more, work harder on revising and polishing, and gain an understanding of how a book is made. Our first book, *Why Did It Happen to Me?* has Canadian, American and British distributors.” The book is launched and marketed by Steve Noble, who is working with students running a business at the Centre called Window of Knowledge/Books and Graphic Arts.

Congratulations to Monica Dick, published author, and to all the students at the Centre for their continuing work! Congratulations also to the instructors and helpers who have the vision to make such publications happen!

## Thank You...

A BIG thank you from Mo and Tracy in Credit Programs to students using the new *Assignment Hand In Centre* in Building 2. “We'd like to thank all the students who have adapted so readily to this new system. It's working very well. If something is deposited in the evening, we empty the box first thing every morning as well and back-date it to the previous day. Thanks one and all!”

## Congratulations!

“Community Education would like to congratulate students on a soon-to-be completed semester, and wish them well with their final exams. They would also like to encourage students to come by the CE office and obtain information on short courses that may lead to summer employment.

## Upcoming Workshops

Study Skills sessions on:

### Exam Preparation & Writing

- ✓ Wednesday, Mar 27 for help on studying for, reading and writing all types of exams.

### Stress & Time Management

- ✓ Wednesday, April 3 – discover how to use stress positively and manage time wisely.

Workshops are held in Room 129. Choose from two identical sessions: 12-1 pm or 1:30-2:30 pm. See you there!

## Study Skills Sites

Try these study skills web-sites as you prepare for final exams:

- <http://www.iss.stthomas.edu/studyguides/> - a great



## Thursday, April 11 Earth Day

### Earth Day

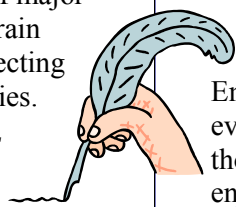
Earth Day was first observed internationally on April 22, 1970, to emphasize the necessity for the conservation of the world's natural resources. Starting as a student-led campus movement initially observed on March 21, Earth Day has become a major educational and media event. Environmentalists use it as an occasion to sum up current environmental problems of the planet: the pollution of air, water, and soils; the destruction of habitats; the decimation of hundreds of thousands of plant and animal species; and the depletion of non-renewable resources. The emphasis is on solutions that will slow and possibly reverse the negative effects of human activities. Such solutions include recycling of manufactured materials, fuel and energy conservation, banning the use of harmful chemicals, halting the destruction of major habitats such as rain forests, and protecting endangered species.

### Poetry Readings

Local poets...your talents are requested on Thursday, April 11 – Earth Day.

Volume One Bookstore will hold poetry readings on the theme of *Gardens*.

Elizabeth Zetlin is the featured reader and there is room for nine more readers. Call Betsy at 748-1533 on Monday, Tuesday, or Wednesday to reserve your spot.



site. Note concept-mapping section.

- <http://counseling.uchicago.edu/vpc/virtulets.html> – a wealth of info on many topics.
- <http://www.ucc.vt.edu/stdysk/stdyhlp.html>

All are easy to access and have many helpful sections. More in the next newsletter!

### College for a Day

A message from Ruth Kroek, First Nations Program Manager: “Thank you to all who participated in First Nations University-College for a Day, and thanks to all who supported this event!

We had 670 registrants, plus our presenters from Nanaimo. This brought our total to over 700 additional people at our Campus on March 14!

It was a BIG success, with positive feed back from the participants: ‘What a beautiful setting!’ and ‘Everyone is so friendly.’ This day was made possible by the cooperative spirit and willingness to accommodate, which is so often present at this Campus. Many students of all ages benefited from this day.”

### Embracing Diversity Week

The snow closures hit Embracing Diversity events hard! However, those who participated enjoyed sharing a video, a delicious potluck lunch and a panel of student speakers on the subject of learning diversity. Reyna Summers, Harold Solomon and Corry Belcourt all spoke eloquently of their particular challenges and diversity. Many thanks to them for their commitment and interest.

The annual March 21 International Day for the Elimination of Racism walk had to be postponed because of weather

concerns. The organizers at the Cowichan Valley Intercultural and Immigrant Aid Society hope to rearrange it for April.

### Diversity Map

Thanks to all who contributed to the maps in the foyer of Bldg One.

There are 25 different First Nations represented on the map of Canada – and on Cowichan Campus! They are:

#### Nova Scotia

- Mi'qmaq

#### Ontario:

- Ojibwe (Beausoliel First Nation)
- Cree - Moose Factory

#### Manitoba:

- St Boniface - Red River area

#### Saskatchewan:

- Cree - Cree Lake
- Plains Cree
- Pierceland

#### B.C. - Mainland

- Kispiox (Gitksan) north of New Hazelton
- Tshimpian, Prince Rupert
- Haida – Haida Gwaii/Queen Charlottes
- Burns Lake
- Bella Bella
- Carrier – Fort St. James
- Squamish
- Musqueam
- Lil'wat

#### B.C. - Vancouver Island

- Cowichan
- Tsawout
- Katzie
- Kuper Island
- Snu ney muxw
- Uchucklesaht
- Nak'azdli
- N'uchatlaht

**International:** Here are the results of where the 122 participants on the world map come from:

South America: Brazil - 1  
Central America:  
Costa Rica - 1  
Caribbean: St Lucia 1

New Zealand: 2

Africa: Zimbabwe 1

The Gambia: 1

Asia: Canton, China 1

India: Punjab 2

Middle East: Iran 1

United Arab Emirates: 1

Europe: Ukraine 1

Italy 1

Poland 1

Czech Republic 1

Germany 3

Scotland 2

England 5

USA: Chicago 1

California 1

Washington State 2

Canada: Nova Scotia 1

New Brunswick 1

Quebec 3

Ontario 7

Manitoba 1

Saskatchewan 3

Alberta 9

Yukon 1

British Columbia 66

Students from B.C. include Haida Gwaii (Queen Charlottes), Laxkw'alaams (Port Simpson), Prince Rupert, Fort Nelson, Smithers, Fort St James, Ocean Falls, Williams Lake, Nelson, Kelowna, Kamloops, Maple Ridge, Surrey, Vancouver, Port Hardy, Campbell River, Comox, Hornby Island, Comox, Nitinaht, Long Beach, Victoria, Sidney (Tsawout), Saanich, Nanaimo, Ladysmith and the beautiful Cowichan Valley!

Thanks to all for sharing. May we appreciate each person's uniqueness!



### Need a Ride?

Do you need a ride to classes in Nanaimo or UVic or Camosun or ... consider ridesharing through the Jack Bell Foundation. Save your money and your time and the environment. You do not need to own a vehicle to participate. All you need to do is register with JBF and you will be matched with other people who need rides. Phone 1-888-593-RIDE or register online at [www.ride-share.com](http://www.ride-share.com). (details available