



Student Newsletter

Vancouver Island University - Cowichan Campus Student Newsletter, Issue #205 January 31, 2013

FREE HAMBURGER LUNCH FOR STUDENTS

Co-sponsored by Student Union and Campus Life Activities, Student Services

Bring your student ID to get your ticket from Student Services for a free hamburger and Caesar salad from the campus café.

- Thursday, February 7
- 11:00 am—1:30 pm

FREE INTERNATIONAL STUDENT IDENTITY CARD

The [ISIC \(International Student Identity Card\)](#) is the only internationally recognized proof of full-time student status, and is a student travel discount card in more than 70 countries



worldwide, including Canada. If you want to get one, be prepared on February 7 to get your picture taken, bring one piece of government photo id and your VIU student card to lunch. The ISIC cards take 1-7 days to process.



FREE STUDENT SAVER CARD

The [Studentsaver Card](#) is Canada's only student owned and operated national student discount program. With thousands of discounts across Canada, the Studentsaver helps students save money on everyday purchases like books, clothing, food, and entertainment.

Members simply take their card to any of the participating businesses to receive discounts ranging from 10% to 50% off purchased goods and services.

UPCOMING ACADEMIC DATES

February 11 - Family Day;
University closed.

UNIVERSITY AND CAREER/ TECHNICAL PROGRAMS

Feb 25 - March 1 Study Days - no classes

TRADES

Feb 4 First day of classes for Hairdressing
 Feb 5 First day of classes for Carpentry
 Feb 6 First day of classes for Professional Cook

CAREER AND ACADEMIC PREPARATION

Feb 1 last day to withdraw and be eligible for refund
 Feb 18 Fees are due

JOB SEARCH STRATEGIES

Join Jennifer Davis, internship coordinator from the [Campus Career Centre](#) for an afternoon workshop. Discussions will include successful job search strategies that work, resumes and cover letters.

- Monday, Feb 18
- 1:00 – 4:00 pm
- Room: 125
- Free for enrolled students (no registration required)

STUDENTS' UNION ELECTION

- Nominations: Jan 28 - Feb 5
- Campaign: Feb 6 - Feb 18
- Voting: Feb 19, 20, 21
- More info: email cro@viusu.ca or check out the posters on campus

UGLY SWEATER WEEK - PRIZES!

Cool off February 4-8! Stay warm AND show everyone that you're a part of VIU's community of conservation! Dig out that oh so cozy—but icky—sweater and vie for the title of ugliest sweater at VIU! You can enter as an individual or as a group (5+ people). Submit your photo to sustainability@viu.ca from February 4-17. All photos will be posted online. More details at <http://sites.viu.ca/sustainability/ugly-sweater-week-2013>



WHERE TO STUDY ON CAMPUS

- The Silent Study Room (room 110a) off the Learning Commons
- The Learning Commons if using computers
- Computer Lab 115 is available, Monday - Friday
- There are 4 small group study rooms, two off the Learning Commons and two at the end of the Learning Centre, room 120; if they are empty you can use them
- The Learning Centre, room 120; when group sessions are not booked into this room (schedule next to the door)

WRITERS ON CAMPUS**VIU Cowichan: A Week of Writers on Campus**

Tuesday February 12 at 7pm, Room 135

(This reading will also be available via Video Conference to VIU Powell River)

Yvonne Blomer and Patrick Friesen

Wednesday, February 13th at 9am, Room 225

Patricia Young and Eve Joseph

Wednesday, February 13th at 12noon, Room 215

Alison Watt and Carol Matthews

Monday, February 18th at 9am, Room 225

Patricia Robertson and Erling Friis-Baastad

For complete details: creatorsoncampus.blogspot.ca

Contact: Jay.Ruzesky@viu.ca Phone: 250.746.3566

STUDY SKILLS SERIES

All [workshops](#) run in the Learning Centre, Room 120 from 12:00 pm - 1:00 pm.

Feb 6 Note Taking & Mind Mapping

Facilitated by Albert Seinen, Counsellor

- ◆ How to use notes effectively to enhance memory
- ◆ Cornell notes, mind mapping, styles of engagement, right brain & left brain study

Feb 13 Reading Texts

Facilitated by Albert Seinen, Counsellor

- ◆ Reading to retain information
- ◆ PSQ3R; Purpose, Survey, Question, Read, Review, Recite

Feb 20 Exam Preparation

Facilitated by Albert Seinen, Counsellor

- ◆ Basic strategies in preparing for exams
- ◆ Learning material, strategies, managing time on exams, stress & exams
- ◆ Different types of exams, input and output of information

Feb 27 Understanding Personal Boundaries

Facilitated by Corey Blades, Education Counsellor

- ◆ Explore how you set and maintain personal boundaries
- ◆ Discuss the difference between walls and boundaries

CONTINUING EDUCATION

VIU's Continuing Education, Cowichan is offering the following courses for January/February.

- Drawing Basics
Sat, Feb 2; 9am-4pm
- Computer Basics
Sat, Feb 2-Mar 9; 9am-12pm
- What's WHMIS
Sat, Feb 2; 9am-1pm
- Traffic Control 000Person Training
Sat & Sun, Feb 2-3; 9am-5pm
- MS Excel: Databases and Multiple Worksheets
Tue, Feb 12; 6-9pm
- Workplace Emergency First Aid & CPR
Sat, Feb 16; 9am-5pm
- Recognizing & Understanding First Nations Protocols

Wed, Feb 20-27; 5:30-7:30pm

www.cc.viu.ca/ce/ Click to [Register Online](#)

Call us to register today! 250-746-3519 ~ 1-888-747-3519

VOLUNTEER TUTORS

Do you need help with your studies? Did you know you can request a tutor to help? Pick up a [request form](#) at Student Services or the Learning Centre, room 120. You will need to meet with **Dan Vaillancourt**, Volunteer Tutor Coordinator in Student Services.

NEW INTRO TO TRADES PROGRAM INSPIRES STUDENTS

Students enrolled in a new [Introduction to Trades](#) program at Cowichan Campus say the program is changing their lives for the better. They celebrate the completion of a 12 by 24 foot kiosk built by the class from the ground up with materials donated by Cowichan Valley construction company Surespan Ltd. "Building the kiosk provided an excellent teaching and learning tool," says VIU carpentry instructor Warren Mearns. "Everyone in the class is pretty proud of this project."



The Intro to Trades program attracts a mix of students – from young adults to high school age youth. The five-month program is offered by VIU in partnership with Cowichan School District #79, Cowichan Tribes, and the Coast Salish Employment Training Society (CSETS, Bladerunners). The partners provide some financial assistance to students for tuition, supplies and personal equipment. VIU and its partners will be offering a second intake of Intro to Trades at the Cowichan campus starting February 13. To find out more, call 250.746.3525.

KEYWORDS

Keywords is a regular column about doing research more effectively. This month, we look at how to make Google Scholar work harder for us.

Google Scholar is a valuable search tool that helps you identify academic sources of various types: journal articles, books, conference proceedings, and reports. The one downside of Google Scholar, however, is that it only provides references to these sources, not the items themselves. You then

Scholarships & Awards: VIU Students enrolled Fall 2012 & Spring 2013 semesters

- November 12, 2012 (deadline January 15, 2013)
- February 1, 2013 (deadline February 28, 2013) *This application is only for students who will be attending a Study Abroad program in 2013*
- March 1, 2013 (deadline April 30, 2013)

Bursaries: VIU Students enrolled Fall 2012 & Spring 2013 semesters

- Tuition Bursary - July 1, 2012 (deadline October 31, 2012)
- General Bursary - November 1, 2012 (deadline January 31, 2013)

Scholarships & Awards: Students who will be entering VIU for the first time in the Fall 2013 semester

- January 15, 2013 (deadline March 15, 2013)

www.viu.ca/financialaid/applications.asp

Any exceptions to these deadline dates are noted in the description of the award. Please note that additional applications may come available during the year and will be posted in our online Bulletin Board section.

need to look elsewhere to find the full text of the items you want. (If you click on a title, it usually takes you to the publisher's website, which encourages you to buy the book or article. No need to do that—the VIU Library can get you the information you need for free.)

The VIU Library has streamlined the process of finding the full text by providing a [Google Scholar \(VIU access\)](#) link on the Library's home page: <http://www.viu.ca/library/>.

When you click this link, you will get a login screen. Enter your student number and Library PIN. Now, in the references to articles in a Google Scholar result list, you will have *Check the Library at VIU* and *Get It from the Library at VIU* links. When you follow one of these links, you will either get the full text of the article you want, or a link to an Interlibrary Loan Request form. Interlibrary Loan is free to you, as are all the VIU Library's resources.

Questions? Contact a librarian. Click the [research help](#) link on the Library's home page, or click the red Ask Us button! Happy researching!

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Roadrunners
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FitWalk
Learn to Run
5k & 10K
Half Marathon
12 weeks starting February
www.cee vacs.com

Tie one on...

SCENT FREE CAMPUS

Please do not wear scent at this campus! Some students and staff have serious reactions to fragrances, including those in perfume, hairspray, body wash, etc. Thank you for being considerate of others!

VIU BOOKSTORE

Welcome to [VIU Bookstore](#), Cowichan Campus! Our regular hours are Monday to Friday 9 a.m. to 4 p.m. except Reading Week, February 25 to March 1, when we will be open 10 a.m. to 2 p.m. We carry textbooks for the current semester, art supplies, stationery, snacks, giftware and VIU crested clothing. To find out about the latest Bookstore sales, events, contests and the excursions of Bookie, check us out on Facebook.

See you soon, *Andrea & Colleen*

THE RAINBOW OF DESIRE WORKSHOP

THE RAINBOW OF DESIRE workshop, sponsored by the Innovation Lab at VIU's Cowichan campus takes place on Wednesday, February 27, from 10-2:30 pm. Facilitated by director and VIU Theatre Department professor Eliza Gardiner, the workshop features the political, issues-based theatre techniques developed by Augusto Boal, founder of the Theatre of the Oppressed. In this workshop, participants will replay everyday situations via games and exercises that

illuminate inner fears and desires (which will prove to be both help, and hindrance). The session is open to all, and no theatre experience is necessary. The session will develop theatre vocabulary, build group dynamics, and share stories towards a discussion of overcoming oppression and transforming ourselves and our society. Participants should wear comfortable clothing, bring lunch, water and an open mind - snacks and breaks are provided. If students would like further information, please feel free to email sally.carpentier@viu.ca.

FINANCIAL AID

Do you know any Aboriginal students who are enrolled – or want to enroll – in a post-secondary education program (trades, certificate, diploma, degree) at a B.C. public institution?

Applications for the *2013 BC Aboriginal Student Awards* and *BC Aboriginal Teacher Education Awards* are now available at <http://www.bcscholarship.ca/web/aboriginal/>.

Last year, these award programs granted a total of over \$450,000 to Aboriginal students throughout B.C. The awards are managed by the non-profit Irving K. Barber BC Scholarship Society.

The deadline to apply is April 5, 2013.

Award amounts range from \$1,000 - \$5,000 for Aboriginal learners. The program is open to BC residents of Aboriginal ancestry who have been active in their school or community and are planning to study at a BC public post-secondary institution or Aboriginal-run institution.

To apply, or get for more information about the awards, please visit the Society's website at:

www.bcscholarship.ca.

SUBMISSIONS TO THE NEWSLETTER

Students, employees and community members are all welcome to share thoughts, upcoming events, articles, and news in the student newsletter. Email your content to studentnews@viu.ca or if you have a handwritten notice, drop it off at Student Services. Submissions are welcome at any time, but February 8 is the deadline for the February 13 issue.



The Department of Anthropology

The Netherlands Field School - Summer 2013

Dikes, canals, polders, and windmills are well-known images of the Netherlands, a society that lives mostly below sea level. Learn how water has shaped and continues to shape Dutch history, technology, economy, and culture. Potential field school site visits include: UNESCO World Heritage sites, museums, fishing villages, Delta Works, artists' studios and more. Go to the Anthropology Field School webpage for a more detailed description.

Information sessions: Wednesday, Jan. 16 at 2pm
& Thursday, Jan. 24 at 10:30 am Building 356 Room 311
Nanaimo Campus

Organizing faculty member: Helene Demers
Please contact Helene.demers@viu.ca
to express your interest



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